

M2M Relay Nebraska | Team Commitment Agreement

Please turn this form in when you pickup your team packet.

As we return to in-person running events, Pink Gorilla Events promises to follow best practices to ensure everyone is as safe as possible. As a participant and team captain you play a critical role in keeping everyone safe and reducing the spread of COVID. As the team representative picking up your team packet, you and your teammates are choosing to participate in this race, **2020 Market to Market Relay Nebraska**, acknowledge they have read, understand, and agree to the following statements:

1. All team members agree they have not been diagnosed with COVID-19 in the last 21 days.
2. All team members agree will assess themselves for COVID-19 related symptoms, and have experienced none of the following in the 14 days prior to October 3rd, 2020
 - Known temperature of 100.4° F or higher
 - Cough (excludes symptoms from preexisting conditions)
 - Shortness of breath / difficulty breathing (excludes symptoms from preexisting conditions)
 - Chills, muscle pain, sore throat, or recent loss of taste or smell
3. All team members agree that when they arrive at the race on October 3rd, 2020 they have not had close contact with someone who has tested positive for COVID-19 in the last 14 days.

If any of your teammates meet these criteria, stay home and do not participate or attend the race.

My team and teammates are choosing to participate in the race further acknowledge they have read, understand, and agree to the following participant responsibilities:

1. We must wear a facemask while at the race anytime we are out of our team vehicles. The only time when out of your vehicle you do not have to wear a facemask is while running.
2. We agree that each teammate will self-screen for the above criteria on race day prior to arriving at the race including, checking for fever 100.4° F or higher. If we feel sick, we will notify our team captain that we are staying home and our team captain will thank us for being a hero for staying home.
3. If any individual on our team has experienced any of the above criteria, they agree that they will not participate or arrive on location to the race.
4. We agree that we have read the race website, written participant guides, emails, Athlete Responsibilities, and race policies.
5. We agree to be as self-reliant on race day as possible and acknowledge we have the ability to self support with my own water, nutrition, hand sanitizer, and facemask. A facemask will be provided if you need one.
6. We agree to practice social distancing by maintaining 6 feet distance from other teams while at the race site to the best of our ability and to wash hands often.
7. We agree to follow race signage and race official instructions on race day.
8. We agree that participating in running races may increase my risk for exposure to the virus that causes COVID-19 and we accept this risk.
9. As a team we pledge to keep all of our team members accountable to following the rules - especially wearing a masks while not running.
10. As a team, we will have a pre-race safety meeting to determine if we will wear masks in our vehicles, drive with windows down and make a pledge to have any team member stay home that meets any of the above criteria.

In signing below, I, an individual team representative, agree that the above declaration is true to the best of my knowledge.

Participant Name(Printed):

Team Bib #:

Race Day Cell # (Contact for Important Text Messages)

Team Representative Signature:

Date: